

Study Tips for Your Learning Style

Unfortunately, most people don't fit perfectly into one of the four learning style categories.

So, what does this mean? It means that you should explore different ways of learning and choose to use the ones that you find most useful.

AUDITORY Learners Characteristics (Source: <http://www.thestudygurus.com/auditory-study-tips/>)

1. tend to have incredible memories for past conversations (such as jokes).
2. have a great memory for music and lyrics.
3. enjoy discussions, debates, and talking to others.
4. enjoy listening to music, and sing/hum/whistle to themselves.
5. They prefer to give oral presentations over written reports (although this also has a lot to do with confidence!).
6. may read slowly.
7. may have difficulty interpreting complicated graphs, maps or diagrams.

Study Tips for Auditory Learners

Ask questions

Watch videos (Khan Academy & YouTube); *sidenote: be careful – it's also one of the most powerful procrastination tools in the world!*

Use word association (Mnemonic devices are a great way to help remember facts)

Repeat aloud (to yourself)

Participate in discussions

Avoid auditory distractions (no music...you're easily distracted)

KINESTHETIC Learner Characteristics (Source: <http://www.thestudygurus.com/kinesthetic-study-tips/>)

1. are good with their hands. They enjoy building models and putting things together (or breaking them!)
2. are good at remembering things they've actually *done* before. E.g. cooking meals, putting together computers, jigsaw puzzles.
3. enjoy active learning at school, such as PE and science experiments.
4. enjoy playing sport.
5. like adventure books and movies.
6. become fidgety when sitting for a long period of time.
7. do not tend to have great handwriting or spelling.

Study Tips for Kinesthetic Learners

- Use flash cards
- Study in short blocks (take a 5 minute break here and there)
- Use plenty of examples when writing study notes
- Study with other people
- Do something while you study (tap a pencil, squeeze a stress ball, or do something to occupy the want to do something with their hands without becoming a distraction)

VISUAL Learners Characteristics (Source: <http://www.thestudygurus.com/kinesthetic-study-tips/>)

1. loves pictures and diagrams.
2. is good at reading maps and charts.
3. create strong pictures in their minds when they read.
4. like bright colors (and fashions).
5. may have to think for a bit to process a speech or lecture.

Study Tips for Visual Learners

- Copy down all the diagrams you can
- Pay attention to the diagrams and visuals in textbooks.
- Watch videos (Khan Academy & YouTube); *sidenote: be careful – it's also one of the most powerful procrastination tools in the world!*
- Use highlighters (and when making your own notes, develop your own highlighting system)
- Use flash cards
- Replace words with symbols or initials