



SURVIVING MIDDLE SCHOOL *Again*

A mini conference for parents who want to
thrive in middle school.

AUGUST 27, 2022
9:30 AM - 11:30 AM

MOUNTAINTOP CHURCH
BIRMINGHAM, AL

WHAT YOU WILL LEARN

- What to Expect During the Teen Years.
- Discipline, Boundaries & Your Teens
- Teen Mental Health Struggles
- When to Get Help
- Communicating with Teachers
- Middle School and Social Media
- The Dangers of Vaping and Sexting

*Grab
your seat
today!*



seedsofimpact.org/middleschool

REGISTRATION ENDS AUGUST 22

THE SPEAKERS:



TAYLAR POSEY

Taylor has been in education for over 15 years as both a teacher and administrator. She is a certified life coach and owner of Forty:Thirty-one Life Coaching, LLC.



ERICA WILSON

Erica is a Licensed Professional Counselor specializing in child, adolescent and young adult therapy. She is the owner of The Olive Branch Counseling Center.



RACHEL GUNN

Rachel taught middle school for 10 years. She is a family coach and executive director at Seeds of Impact, a nonprofit serving under-resourced moms.



STEVE ARMSTRONG

Steve has over 40 years experience in law enforcement, including 12 years with Birmingham Tactical Unit. He is the Director of Safety for Alabaster City Schools