

January 5, 2023

Parents/Guardians,

We are excited to be able to participate in Physical Day this year on **Friday, January 13, 2023**, at the Shelby County Instructional Services Center (SCISC) in Alabaster. A physical is required for any student who wishes to participate on an athletic team and must be completed annually. Participating students will be bussed to SCISC during the school day on January 13, 2023, to have their physical completed by a medical doctor. **Students will leave OMMS at 12:30pm and will be back no later than 2:45pm for afternoon dismissal.**

Our OMMS Athletic Trainer plans to be at OMMS to conduct preliminary screenings on January 10-11, 2023, during PE classes.

REQUIREMENTS IN ORDER FOR YOUR STUDENT TO PARTICIPATE:

- Fill out this [Google Form](#) to register. Deadline to register is January 9, 2023 @ 3pm. NO EXCEPTIONS.
- The cost is \$22 and must be paid on MySchoolBucks by January 9, 2023 @ 3pm. NO EXCEPTIONS. *No refunds will be given.*
- Each athlete must have an account on DragonFly. Please see the attached flyer on how to sign up.
- The "Pre-Participation Physical Evaluation Form" on DragonFly must be completed and signed by a parent and student NO EARLIER THAN JANUARY 1, 2023. (Current 7th & 8th grade athletes will need to update their form in DragonFly.) Please complete this form online by completing medical history and signatures **AND** print this form and bring it to preliminary screenings on January 10-11. *Preliminary screenings cannot be completed without this step complete.*

If you have any questions, please do not hesitate to reach out to the OMMS Athletic Directors, Kevin Tatum (ktatum@shelbyed.org) and Haley Gunnels (hgunnels@shelbyed.org).

GET STARTED WITH DRAGONFLY



DragonFly makes sports and activities more organized with easy-to-use digital forms, health records and team communication tools.



PARENTS & STUDENTS

- 1 Visit dragonflymax.com and click the 'Log In/Sign Up' button.
- 2 Click 'Sign Up for Free' then follow the prompts to create your Parent account with your own email address.
Note: please do not create an account with your child's name or contact information – you will get the chance to add your child soon!
- 3 Verify your account with the verification ID sent to your email address.
- 4 Click 'Connect to your school' to select 'Parent' as your role and search for your child's school.
- 5 After selecting your child's school, click 'Join' to request access. An administrator at your school will approve your request.
- 6 Click 'Set up your children' and follow the prompts to add your kid(s) and fill out their participation forms.



ATHLETIC DIRECTORS, COACHES & SCHOOL ADMINISTRATORS

- 1 Visit dragonflymax.com and click the 'Log In/Sign Up' button.
- 2 Click 'Sign Up for Free' to create your account with your school email address.
- 3 Verify your account with the verification ID sent to your email address.
- 4 Click the 'Get Started' button to select your role and search for your school.
- 5 After selecting your school, click 'Join' to request access. You will see a list of administrators at your school who can approve your request. If you're the first person to request access to your school, a member of the DragonFly team will verify your role and approve your request.

PREFER TO USE A MOBILE DEVICE?

Visit dragonflymax.com in your mobile browser and follow the steps above.