26. Nancy spent $\frac{7}{8}$ hour working out at the gym. She spent $\frac{5}{7}$ of that time lifting weights. What fraction of an hour did she spend lifting weights?

27. Yesterday, Danielle rode her bike for $5\frac{1}{2}$ miles. Today, she rode her bike for $6\frac{1}{4}$ miles. How much farther did Danielle ride her bike today?

28. Tyler ran $\frac{1}{4}$ mile around the track today. Yesterday he ran $\frac{5}{6}$ mile to his house. How much did he run in all?

29. Dominick lives $1\frac{3}{4}$ miles from school. If his mother drives him $\frac{1}{2}$ of the distance, how far will he need to walk to get to his school?

30. The rope in the gym is $10\frac{1}{2}$ feet long. To make it easier to climb, the gym teacher tied a knot in the rope every $\frac{3}{4}$ foot. How many knots are in the rope?