Study Skills







Time Required: 30-45 minutes

Content Standards:

AA.S.1 Students will acquire attitudes, knowledge, and skills that contribute to effective learning in school and across the lifespan.

Indicators:

AA.A.5.1.07 Identify useful study skills.

GOAL: Students will identify and use effective study techniques.

Activity Statements:

Students will identify ways to prepare to study that includes strategies, good study habits, and a good study place. They will participate in a matching game to apply these skills.

Materials:

- 1. Flip chart, white board, or overhead projector
- 2. Paper, pencil
- 3. Teacher Resource 1: Match Game Instructions
- 4. *Handout 1: Study Skills* (Cut *Handout 1* into strips in order to assign reading parts of the nine sections on this page. It may also be displayed electronically or printed so that two or three students share.)
- 5. Handout 2: Match Game for Study Skills (one copy per pair of students)
- 6. Handout 3: Match Game Cover Page
- 7. Envelopes containing cut out pieces of *Handout 3: Match Game Cover Page* (one set per pair of students)
- 8. Optional: Small prizes or awards to give to winners of the Match Game

Procedures:

 The teacher will instruct students to begin the lesson by making lists (with partner or individually) of the characteristics of a good study place. Put students "on the clock" by announcing that they have 3 minutes to write the list.

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- 2. After 3 minutes, ask students to give examples from their lists. The teacher or a designated student will write the list on a flip chart or whiteboard. Leave the list on posted through today's lesson as a reference.
- 3. Distribute nine sections of *Handout 1: Study Skills*. Assign individual students to read sections in order upon prompting by the teacher. The teacher begins with "#1 Is my study place available to me whenever I need it?" and then asks the student holding slip #1 to read the question and answer. After the student reads the section, ask the other students in class to restate and discuss the key point. After a brief discussion, the teacher continues to each of the other slips (#2-9).
- 4. Discuss how the items on the slips compare to the list students brainstormed at the beginning of class. Edit the original list on the flip chart if students agree there should be changes to the list.
- 5. The teacher distributes Handout 3: Match Game Cover Page to pairs of students. The teacher provides instructions for the game (using Teacher Resource 1: Match Game Instructions) and then distributes Handout 2: Match Game for Study Skills. Students use Handout 3 to cover the answers on Handout 2 without looking at the answers. Students play Match Game in pairs.
- The teacher asks students to consider study skills they use that are effective. The teacher should be prepared to offer an example or two to get discussion started. (Examples might include use of homemade flash cards, making a song out of information to help remember it, study buddy, etc.)
- 7. Discuss with students the development of a Study Skills Strategies poster. Make a list of some of the study skills students describe and ask students to continue bringing new strategies to share with the class.

Discussion:

- What are some of the things you need to have in order to study?
- How should a study space be arranged in order to be effective?
- Do you consider any of these details more important than others?
- Did you learn something about study spaces and preparing to study that you didn't already know? Explain.
- Why is it important to prepare to study and have a good study place?
- Describe a study skill that works for you. Did you learn new strategies from others in your class?
- Do the same study skills work for everyone? Are there some study skills that work better for most people?
- How can you improve your study skills based on what you have learned today?





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Additional Resources:

- <u>http://www.how-to-study.com/study-skills/en/studying/35/preparing-to-study-a-good-study-place/</u>
 A Good Study Place
- <u>http://www.localschooldirectory.com/k-12-articles/62</u> Middle School Homework and Study Habits
- <u>http://www.military.com/timesaving-programs/developing-good-study-habits-</u> Developing Good Study Habits
- <u>http://www.educationworld.com/a_curr/profdev064.shtml</u> Teaching Study Skills
- <u>http://math-and-reading-help-for-kids.org/middle_school_study_habits.html</u> Study Habits
- <u>http://www.how-to-study.com/study-skills/en/studying/39/the-ten-study-habits-of-successful-students/</u> Ten Study Habits of Successful Students
- <u>http://www.brighthub.com/education/k-12/articles/3521.aspx</u> Top Ten Study Tips
- <u>http://sf.factmonster.com/homework/studyskills4.html#tips</u> Study Skills and Tips
- <u>http://sf.factmonster.com/homework/studyskills4.html#tips</u> Study Skills for Students
- <u>http://www.siue.edu/SPIN/bestideas.html</u> Study Skills Ideas
- <u>http://www.murray.k12.ga.us/teacher/kara%20leonard/Mini%20T's/Games/Games.htm</u> Game Templates Online
- <u>http://www.howtodothings.com/education/a2964-how-to-improve-study-skills-in-middle-school.html</u> How to Improve Study Skills in Middle School
- <u>http://www2.scholastic.com/browse/article.jsp?id=3749861</u> Welcoming Back Middle School Students

Extension Activities:

- Students may design a good study place and post their work in the classroom as reminders about having good study places.
- Quick recall of basic facts can help students to complete tasks more quickly with better success. Encourage students to memorize basic facts (multiplication facts through 12, squares of numbers to 12). Students may make their own flashcards to use for practice outside of school.
- Students may interview others outside class to learn about study skills that work for others. They should bring the ideas back to share with the class. Perhaps a "study skills strategies" poster could be kept in the classroom during the year. Students add each new strategy they find to the poster.
- Other activities as assigned by advisor.

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<u>Resource</u>: Lesson Plan – <u>Successful Study Techniques</u>

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